**Title:** Understanding Cyber Bullying

**Thesis:** What is Cyber bullying and how to prevent it.

* 1. What is the definition of cyber bullying?
     1. Cyber bullying, unlike face-to-face bullying, occurs when a student or group of students targets an individual or individuals at a time, by using a form of online mediums to display aggression or domination of the victims.
  2. Types of Cyber bullying
     1. Social Media Bullying
        1. Threatening emails or being harass on social media such as Facebook, text messages, twitter, snap chat you name it are types of social media bullying!
        2. How to stay away from social media bullying.
     2. Happy Slapping
     3. Flaming
        1. How to recognize or tell who the Flamers are.
        2. How to deal with the flaming.
        3. How to be an upstander of flaming.
  3. Levels of Cyber Bullying
     1. Level One- Includes insulting remarks, gossiping, spreading rumors online, teasing…
     2. Level Two- Includes threatening physical harm, insulting family, insulting based off of race, religion, and sexual orientation, posting slander on public websites…
     3. Level Three- Includes making repeated threats, harassing you because of biased opinions online, arranging public humiliation, and enforcing total exclusion against someone…
  4. Activities
     1. Activity #1: Online pledging to stop bullying
     2. Activity #2: Create a school poster on Cyber bullying
     3. Activity #3: Role-play and Discuss different types of Cyber Bullying
     4. Activity #4: Videos on previous bullying victims and Discussion
  5. Preventing Cyber bullying
     1. Stopping it before it happens
        1. What the parents can do to help prevent it.
        2. What the tweens\teens can do to help prevent it.